Get Started with the Living Well^{SM} Program! You May Find it Rewarding in Many Ways.

All edHEALTH schools and their employees have access to the Living Well^{SM} online health and wellness program, powered by WebMD. Whether in the app or online, you have resources available year-round to support being your best self, plus an opportunity to earn points toward a monthly raffle.

How to Get Started

1. Go to **harvardpilgrim.org/livingwellportal.**

Are you a Harvard Pilgrim member through your employment at an edHEALTH school? (You don't have to be!)

- **YES?** Select **Harvard Pilgrim member login**. If you already have a Harvard Pilgrim online account, select **Log in to the Living Well Health Portal**, enter your username and password and **Log in**. If not, **Create Member Account**.

- **No?** If you are not a Harvard Pilgrim member through your employment at an edHEALTH school, select **Guest login.** If you already have a Guest online account, perhaps from a 2021 or earlier edHEALTH walking challenge, select **Log in** to the Living Well Health Portal, enter your **username and password** and **Log in.** Or Create Guest Account using the program code listed here. It may take up to 48 hours for your guest account to be activated."

> **Emerson College**
> Program Code: C10028

2. Next, complete the one-time welcome page and personalize your program by answering a few questions.

3. Explore the many great features of your new program, **including well-being activities and monthly reward opportunities.** You also can download the app and sync your own device. You'll find all the details in your personal wellness account!

> **Prefer using an app? Sign up for Living Well on the Go! Follow these simple steps before logging into your wellness account.**
>
> 1) Download WebMD's Wellness at your Side
> 2) Once the app is open, enter the mobile program code: **lwportal**
> 3) Log in using your member or guest account. (Instructions to your left)

Need assistance with your account?
- Email **LivingWellSupport@Point32Health.org**
- Call **(877) 594-7183**, Monday-Friday, 9AM-5PM, EST

Living Well^{SM}

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