Good Health GATEWAY®
Diabetes Care Rewards Program

abacus HEALTH SOLUTIONS

Administered by Abacus Health Solutions in partnership with edHEALTH and your school health insurance provider.

Why participate in the Diabetes Care Rewards Program

We'll help you improve your health and reduce your risk of heart disease and stroke.
Plus you'll get $0 copays on covered diabetes medications and supplies using your existing pharmacy benefit.

How to get your $0 copays



Register at **edHEALTH.GoodHealthGateway.com** to start your 90-day Introductory Period.
Or call us at 800.643.8028 Monday through Thursday 8:30 am - 6:00 pm and Friday 8:30 am - 5:00 pm ET.

During your Introductory Period, you can get $0 copays using your existing pharmacy benefit through your College/University health insurance provider.



Call us at 800.643.8028 to:

- Review the program requirements.
- Schedule a telephone appointment with our Diabetes Educator.



Complete the call with our Diabetes Educator to develop your personal **Diabetes Health Action Plan®** Care Guide.
And confirm you will share your action plan with the doctor that helps you manage your diabetes.



Send us a Provider Confirmation Form or other acceptable documentation showing you completed the medical exams and lab tests listed below. Upload your documents through the website, send by mail, or fax to 877.378.4480.
Any of the exams/labs completed in the past year will count toward the requirement.

- Annual foot exam
- Annual eye exam
- Annual laboratory work-up of your fasting blood lipid levels
- Annual laboratory work-up of your urine/protein levels
- Laboratory work-up of your Hemoglobin A1c levels every 6 months



Continue to get your $0 copays beyond your Introductory Period as long as you keep your diabetes care activities up to date.

Your school health insurance provider is committed to helping you achieve your best health status. Rewards for participating in this wellness program are available to your school health insurance provider's health plan members who meet the program requirements. If your doctor determines you do not need one of the activities required in this program, they can simply indicate not needed beside that requirement, and you will receive credit for this requirement.

Participation in the program is voluntary and confidential. HIPAA privacy and security standards are used to ensure the protection of your healthcare information.

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