

Step therapy

Most medical conditions have multiple medication options. Although their clinical effectiveness may be similar, prices can vary widely. With the step therapy program, you get the treatment you need, usually at a lower cost.

Here's how it works:



With this program, you need to try a Step 1 medication first, before a Step 2 medication may be covered. When you bring a prescription to the pharmacy, our system will automatically screen the medication for step therapy requirements. If your prior pharmacy claims show you have tried a Step 1 medication in the recent past, the Step 2 medication may be processed. If not, the pharmacist will contact your doctor for more details.

There are some drugs that require three steps before a medication is covered. You must try Step 1 and Step 2 medications before receiving benefit coverage for a Step 3 medication.

We encourage you to discuss your treatment and medication options with your doctor. If you have questions about step therapy, call the toll-free member phone number on the back of your ID card.